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THE CHINA STUDY COOKBOOK OVER 120 WHOLE FOOD, PLANT-BASED RECIPES LEANNE CAMPBELL, PHD Foreword by T Colin Campbell, Coauthor of the China Study

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• The China Study Cookbook: Over 120 Whole Food, Plant-Based Recipes, by LeAnne Campbell and photos by Steven Campbell Disla • Plant-Powered Families: Over 100 Kid-Tested, Whole-Foods Vegan Recipes, by Dreena Burton • Note: The latest science (Dr Campbell, Dr Greger, Dr Esselstyn) shows that no added oil is optimal for all recipes

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