

# Wild Fermentation The Flavor Nutrition And Craft Of Live Culture Foods Second Edition

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**ermentation: Coevolution, Culture, and Community**

fermentation experimentalist and cultural revivalist He wrote Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture Foods— which Newsweek called “the fermenting bible”—in order to share the fermentation wisdom he had learned, and demystify home fermentation...